



What is a Thread Lift?

Thread lift is a cosmetic procedure that offers a minimally invasive alternative to facelift surgery. Thread lifts tighten your skin by inserting medical-grade thread material into your face and then “pulling” your skin up by tightening the thread. Also called a barbed suture lift, it aims to lift and sculpt the shape of your face.

Who Is a Candidate?

The typical candidate for a thread lift is in their late 30s to early 50s. A person who is generally in good health and is just starting to notice the signs of aging may benefit the most from the subtle impact of a thread lift. Those who cannot have surgical procedures because of medical conditions that make general anesthesia risky may consider a thread lift as a safer alternative.

Target Areas for Thread Lifts:

- jowls and jawline
- brow line
- under-eye area
- forehead
- cheeks
- neck